

1. Do you drink because you have problems? To face up to stressful situations?
2. Do you drink when you get mad at other people, your friends or parents?
3. Do you often prefer to drink alone, rather than with others?
4. Are you starting to get low marks? Are you skiving off work?
5. Do you ever try to stop or drink less - and fail?
6. Have you begun to drink in the morning, before school or work?
7. Do you gulp your drinks as if to satisfy a great thirst?
8. Do you ever have loss of memory due to your drinking?
9. Do you avoid being honest with others about your drinking?
10. Do you ever get into trouble when you are drinking?
11. Do you often get drunk when you drink, even when you do not mean to?
12. Do you think you're big to be able to hold your drink?