

**SUGGESTED TRADITION TOPICS FOR A GROUP
DISCUSSION OR A WORKSHOP**

1. **Is individualism lost in conformity?**
(Tradition 1)
Freedom and Licence
2. **The Informed Group Conscience – Foundation stone of A.A?**
(Tradition 2)
3. **What is an A.A. Group? What is a meeting?**
(Traditions 6, 7 and 8)
Pamphlet “The Group” and What is A.A?
4. **What Price Sobriety? Money, materialism and spirituality.**
(Traditions 6, 7 and 8)
Endorsement and professionalism. The “Two Hat” Problem.
5. **A benign anarchy with a light behind a bushel?**
(Traditions 9, 10 and 11)
Structure, spirituality, discipline and external relationships.
6. **Anonymity – Namelessness or sacrifice?**
(Tradition 12)
Love and service – the spiritual foundation of all AA Traditions.
7. **The Twelve Traditions – A personal experience**

THE TWELVE TRADITIONS OF ALCOHOLICS ANONYMOUS

WORKSHOP PACK 2004

THE TWELVE TRADITIONS

Suggested Literature

A.A. Tradition, How it Developed

Traditions Long Form

Traditions Illustrated

12 Steps and 12 Traditions

A.A. Comes of Age

Encourage Groups to Display the Traditions Scrolls

Traditions Checklist

Concepts Checklist

Traditions Scrolls

Traditions Long Form

Perhaps it is Time for a Display of the 12 Concepts for G.B.

AA'S 12 TRADITIONS - A TRADITIONS INVENTORY

Selected Suggestions.

1. Do I try to understand AA as a whole, or just the bits to which I am attracted, or, of which I approve?
2. Do I “babble on” about gratitude but behave, a lot of the time, like a skin-flint or a spiritual “bovver-boy”?
3. Do I really play a part in giving an informed group conscience a chance to operate or does it just seem like too much hassle?
4. Do I usually push my “good” ideas forgetting that the good is often the enemy of the best?
5. Am I careful to avoid giving the impression that there is an “AA Opinion” on pills, alcohol, doctors etc?
6. Where could the AA be (where would I be) without any given tradition?
7. Do I, at times, promote AA so fanatically that it becomes unattractive, or even abhorrent, to newcomers?
8. Am I prepared to go to any length (his/hers, not mine) to help the newcomer?
9. If I do get an opportunity to serve (and they abound at present) do I expect thanks, or praise, or do I simply do my best and accept it with gratitude as a means of enhancing my sobriety?
10. Do I try to understand and comment constructively on the work of our trusted servants?
11. Do I take the view that the 12 Traditions “are for Groups” so I don’t need to bother with them?
12. What is the real significance or importance of me among 30,000 (or 1 million) alcoholics?